



SHERI COLOSIMO

Sheri is a respected leader and trusted confidante for small businesses. She works with individuals to create achievable business strategies that inspire action and offers accountability coaching for their own growth as leaders.

She has been in the wellness world for 20+ years in the roles of teacher, program creator, event curator, and retreat lead.

Her work creating and facilitating unique workshops, events, and retreat experiences has been celebrated by organizations across the country committed to developing conscious leaders, supporting personal growth and deepening human connection.

CONTACT

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EXPERTISE

- Mentorship
- Community Building
- Program Creation + Facilitation
- Event Planning + Execution
- Elevated Customer Experience

EDUCATION

University of Dayton

Bachelor of Education, Exercise Science

TRAINING + CERTIFICATION

- Dare to Lead™ Certified Facilitator
- Youth Coaching Institute/ CE Coaching Adolescents
- Yoga Alliance E-RYT
- Yoga Medicine Trauma Yoga
- Reiki Master

GIVE BACK

5% of all revenue from trainings, workshops + retreats is donated to causes that improve the health of children, pregnant mothers, and families in low-income communities.

WORK EXPERIENCE

LEADERSHIP COACH

2013-PRESENT

[Sheri Colosimo Coaching](#)

As a coach, I provide one-on-one mentorship to improve my client's capacity to get curious and innovate. I utilize my 20+ years in the wellness and hospitality industries to provide clear guidance on operations, the client experience, hiring, and team member growth.

Together we capture the big picture and create an inspired step by step plan for achievable action.

As an educator, I analyze industry needs and then design and deliver impactful training and development courses. I lean into my strengths of creative writing and connection to produce courses that inspire action and trust in one's ability to learn and thrive.

EVENT PRODUCER

2008- PRESENT

[Más Bliss Retreats](#)

As a Event Producer, I am responsible for the creation and execution of events that prioritize connection.

My role encapsulates the entire event experience from site selection, vendor relationship, presenter engagement, financial projections, and sponsorships.

I am honored to hold the space of program creation and event facilitation as well. Whether for my clients or my own events, I am known for impactful programming and memorable experiences.

SENIOR REGIONAL MANAGER

2005- 2016

[CorePower Yoga](#) + [Yoga Six Brands](#)

As a Senior Manager for the San Diego, Chicago + Denver markets, I was responsible for supporting continued revenue growth for the 10+ studios that I oversaw. This included meeting quarterly and annual revenue targets of \$10 million + for the geographical area.

My focus was on training the management team on the sales cycle and client experience in order to meet + exceed company objectives. Success came from prioritizing relationship building with my team and ensuring our values + mission were actionable.